



Physical Education Curriculum Statement



College Park Infant & Lyndhurst Junior Schools

Setting out the curriculum that we have selected as most appropriate for our pupils, that will support them to achieve our vision & aims, as our mottos state 'Children Playing, Improving & Smiling' on a 'Learning Journey to Success'.

Intent

At College Park Infant and Lyndhurst Junior School we believe that every child within each school will achieve a high level of physical education. Our aim is to ensure every child has the opportunity to develop their well-being and fitness through skilled and inspirational teachers, enabling high quality learning. We want our children to enjoy and be motivated in PE lessons. This is achieved through skilled teaching, extra-curricular activities and a variety of lunchtime provisions. In addition to this, we aim to provide opportunities for children to compete in sport and other activities in order to build resilience and embed values such as teamwork, fairness and respect.

Implementation

At College Park, we have daily whole school Wake and Shake sessions, lunchtime provision, extra-curricular activities, weekly PE lessons (either indoor or outdoor) and skilled teachers providing specific provision in a variety of areas in PE. Swimming is a strength of the school, where Yr 1 and 2 pupils use the privileged resource of our indoor heated swimming pool. Swimming lessons are taught by our own teachers and regular swimming is once a week, each week throughout the school year.

At Lyndhurst, we have weekly outdoor Games lessons and fortnightly indoor PE lessons as well as providing extra-curricular activities. Year 3 engage in daily Wake and Shake sessions and have a Change 4 Life lunchtime club. We also have extra lunchtime provisions across the school and a whole school cross-curricular approach, known as 'Lively Learning'. Yr 5 pupils undertake a short course of swimming lessons, which are off-site, at a nearby large local pool.

Physical Education Curriculum development within the Early Years Foundation Stage focuses on developing:

- Co-ordination
- Control
- Manipulation
- Spatial Awareness
- Movement

Physical Education within the primary years focuses on the National Curriculum key aims:

- To develop competence to excel in a broad range of physical activities
- To be physically active for sustained periods of
- To engage in competitive sports and activities
- To lead healthy, active lives

Impact

For College Park we are looking to continue the high standards of attainment across all year groups. At the end of the year, teachers will continue to assess the overall attainment of pupils, so that we can analyse data and look at how we can develop the skills in the different year groups.

For Lyndhurst, we are currently developing a whole new curriculum skills map, therefore assessment is work in progress. At the end of this year, teachers will assess the overall attainment of pupils so that we can analyse data and look at how we can develop the skills in the different year groups.

We are also looking to ensure children engage in different physical activities during their school day including daily 'Wake and Shake'. To ensure quality we review clubs provision regularly and skills based sessions from external teachers.

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